

# MENU

Trading Hours: 9am - 4pm

## BREAKFAST *(until 2pm)*

**HAM & CHEESE CROISSANT** 7.5

**EGG & BACON CROISSANT** 8.5

your choice, served on a toasted buttery croissant

**STRENGTH OF SAMSON EGG & BACON** 9.5

one fried free-range egg & grilled bacon on a buttered toastie

**SMASHED AVO** 13

creamy avocado with poached eggs & crumbled feta on 2 pieces of toast

**FRUIT OF THE SPIRIT FRUIT TOAST** 4

one thick piece, freshly toasted with a side of butter

**BUTTERED TOAST WITH PRESERVES** 6

two pieces of toast with a choice of jam, peanut butter or vegemite

**choices of sourdough bread:** white, rye or multigrain

## SOMETHING LIGHT *(until 2pm)*

**THE WAY PUMPKIN SOUP** 10

with a piece of toast & butter on the side

**MT SINAI NACHOS (V, GF)** 14.5

salsa served on corn chips, topped with avocado, tomato, melted cheese & sour cream

**QUICHE & SALAD (V)** 15

choice of Lorraine, Pumpkin or Spinach quiche with Italian dressing on the side of a green salad

**GOLIATH PIE & SALAD** 12.5

choice of chunky Angus Beef, Lamb & Rosemary or Chicken & Vegetable pie with Italian dressing on the side of a green salad

**GARDEN OF EDEN GREEN SALAD** 8

add cheese 1.5

**GREEK SALAD** 12.5

lettuce, feta, tomato, cucumber, olives, red onion, dressing

## DAILY BREAD TOASTIES *(until 2pm)*

Available with Sandwich, Turkish or GF bread.

**HAM** 10 / 11.5

with cheese, tomato and lettuce

**CHICKEN** 11.5 / 12.5

with aioli, avocado and lettuce

add cheese 1.5

**TURKEY** 11.5 / 12.5

with cranberry, avocado, lettuce

add swiss cheese 2.5

**CLASSIC** 5

cheese

cheese & tomato 6.5

cheese & ham 8.5

cheese, ham & tomato 9

**BLT** 9.5

with bacon, lettuce and tomato

**EXTRAS**

turkey, chicken, bacon 3

ham, avocado 2

cheese 1.5

**PLOUGHMAN'S BOARD** 17

for the big appetite or perfect for sharing. slices of sourdough bread, ham, cheese, feta, olives and tomatoes

## FOR THE KIDS *(under 12's)*

**ANGELS CHEESY FINGERS** 5

two pieces of toast, with grilled cheese cut into soldiers

**CHEESE SANDWICH** 5

**BLESSINGS BUTTERED TOAST** 4

**WITH PRESERVES**

one piece of toast with a choice of jam, peanut butter or vegemite

**KIDS NACHOS** 6.5

corn chips topped with melted cheese

add salsa 1.5

**KIDS MEAL DEAL** 8

cheese sandwich, smiley face cookie, prima

**LAND OF MILK & HONEY - COOKIE** 7

**MILKSHAKE DEAL**

smiley face cookie & kids milkshake

**KIDS MILKSHAKE** 4

**FRESH CAKES & SLICES (UNTIL 4PM)**

prices as marked, in display fridge. GF & Vegan options available.

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Trading Hours: 9am - 4pm

## DRINKS *(until 4pm)*

**COFFEE (CUP/MUG)** 4 / 4.5

latte, cappuccino, flat white, long black, affogato, piccolo, mocha

**HOT CHOCOLATE (CUP/MUG)** 4 / 4.5

**CHAI (CUP/MUG)** 4 / 4.5

**MATCHA LATTE (CUP/MUG)** 4 / 4.5

**WET CHAI** 4.5

**BABYCINO** 1.5

with a marshmallow

**EXTRAS** 0.7

extra shot, decaf, bonsoy, milklab almond, milklab lactose free, syrups (caramel, vanilla, hazelnut)

**TEA IN POT** 4

english breakfast, earl grey, spring green, honeydew green, peppermint, chamomile, lemongrass & ginger, malabar chai

**ICED LATTE** 5.5

**ICED COFFEE, CHOCOLATE, MOCHA** 6.5

**ICED MATCHA, CHAI** 6.5

**MILKSHAKES** 6.5

chocolate, strawberry, vanilla, caramel, blue heaven

Assorted juices, soft drinks, iced teas & water in display fridge. Prices as marked.

**PLEASE SEE OUR BLACKBOARD FOR DAILY SPECIALS**