



Especially For

From

Date





One Thousand Promises

A Bible Promise Book[®] Journal

BARBOUR BOOKS

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All scripture quotations are taken from the King James Version of the Bible.

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Our mission is to inspire the world with the life-changing message of the Bible.



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What do one thousand promises look like?

A life lived as God intended!

A life overflowing in love and gratitude!

This beautifully inspiring journal features a list of one thousand promises from God's Word—from the beloved King James Version—plus thought-provoking journal prompts that will encourage you to record your innermost thoughts and feelings about the One who loves you most.

One Thousand Promises will encourage you to live an extraordinary life filled with wonder at the many ways our Creator chooses to love, encourage, and bless your heart through His Word.





1. For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith. — 1 JOHN 5:4

2. Trust in the LORD with all thine heart; and lean not unto thine own understanding. In all thy ways acknowledge him, and he shall direct thy paths. — PROVERBS 3:5-6

3. For by grace are ye saved through faith; and that not of yourselves: it is the gift of God: Not of works, lest any man should boast. — EPHESIANS 2:8-9

My faith grows stronger when I . . .

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4. *A soft answer turneth away wrath: but grievous words stir up anger.*
—PROVERBS 15:1

5. *The discretion of a man deferreth his anger; and it is his glory to pass over a transgression.* — PROVERBS 19:11

6. *Be ye angry, and sin not: let not the sun go down upon your wrath.*
— EPHESIANS 4:26



I best manage my anger by . . .



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7. *The LORD is good unto them that wait for him, to the soul that seeketh him.* — LAMENTATIONS 3:25

8. *That they should seek the Lord, if haply they might feel after him, and find him, though he be not far from every one of us.* — ACTS 17:27

9. *Sow to yourselves in righteousness, reap in mercy; break up your fallow ground: for it is time to seek the LORD, till he come and rain righteousness upon you.* — HOSEA 10:12

I feel closest to God when . . .

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10. *Call unto me, and I will answer thee, and show thee great and mighty things, which thou knowest not. — JEREMIAH 33:3*

11. *Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passeth all understanding, shall keep your hearts and minds through Christ Jesus. — PHILIPPIANS 4:6–7*

12. *The sacrifice of the wicked is an abomination to the LORD: but the prayer of the upright is his delight. — PROVERBS 15:8*

When I pray, I feel . . .



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13. *All the earth shall worship thee, and shall sing unto thee; they shall sing to thy name. — PSALM 66:4*

14. *Exalt the LORD our God, and worship at his holy hill; for the LORD our God is holy. — PSALM 99:9*

15. *God is a Spirit: and they that worship him must worship him in spirit and in truth. — JOHN 4:24*

***I** make time to worship each day by . . .*

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19. *As for God, his way is perfect; the word of the LORD is tried: he is a buckler to all them that trust in him.* — 2 SAMUEL 22:31

20. *Casting all your care upon him; for he careth for you.* — 1 PETER 5:7

21. *Blessed is that man that maketh the LORD his trust.* — PSALM 40:4

It's easiest for me to trust God when . . .

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22. *And also that every man should eat and drink, and enjoy the good of all his labour, it is the gift of God. — ECCLESIASTES 3:13*

23. *In the house of the righteous is much treasure: but in the revenues of the wicked is trouble. — PROVERBS 15:6*

24. *But grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ. To him be glory both now and for ever. Amen. — 2 PETER 3:18*



Some of God's best gifts in my life are. . .



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25. *Ye shall know that I am the LORD your God.* — EXODUS 16:12

26. *Great is the LORD, and greatly to be praised; and his greatness is unsearchable.* — PSALM 145:3

27. *And they that know thy name will put their trust in thee: for thou, LORD, hast not forsaken them that seek thee.* — PSALM 9:10

When I make God the highest priority in my life. . .

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28. *And they that are Christ's have crucified the flesh with the affections and lusts.* — GALATIANS 5:24

29. *Teaching us that, denying ungodliness and worldly lusts, we should live soberly, righteously, and godly, in this present world.* — TITUS 2:12

30. *Then said Jesus unto his disciples, If any man will come after me, let him deny himself, and take up his cross, and follow me.* — MATTHEW 16:24

When I choose God's way instead of my own. . .



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31. *Therefore if any man be in Christ, he is a new creature: old things are passed away; behold, all things are become new.* — 2 CORINTHIANS 5:17

32. *For he hath made him to be sin for us, who knew no sin; that we might be made the righteousness of God in him.* — 2 CORINTHIANS 5:21

33. *And you, being dead in your sins and the uncircumcision of your flesh, hath he quickened together with him, having forgiven you all trespasses.*
— COLOSSIANS 2:13

The gift of my salvation means so much to me because. . .

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34. *The name of the LORD is a strong tower: the righteous runneth into it, and is safe.* — PROVERBS 18:10

35. *The angel of the LORD encampeth round about them that fear him, and delivereth them.* — PSALM 34:7

36. *When thou liest down, thou shalt not be afraid: yea, thou shalt lie down, and thy sleep shall be sweet.* — PROVERBS 3:24



I am so glad for God's strength because. . .



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37. *Pride goeth before destruction, and a haughty spirit before a fall.*
— PROVERBS 16:18

38. *Let another man praise thee, and not thine own mouth; a stranger, and not thine own lips.* — PROVERBS 27:2

39. *An high look, and a proud heart, and the plowing of the wicked, is sin.*
— PROVERBS 21:4

When I give God all the credit, I feel . . .

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40. *And all things, whatsoever ye shall ask in prayer, believing, ye shall receive.* — MATTHEW 21:22

41. *He will be very gracious unto thee at the voice of thy cry; when he shall hear it, he will answer thee.* — ISAIAH 30:19

42. *And it shall come to pass, that before they call, I will answer; and while they are yet speaking, I will hear.* — ISAIAH 65:24



When I pray, I know. . .



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43. *Keep therefore the words of this covenant, and do them, that ye may prosper in all that ye do. — DEUTERONOMY 29:9*

44. *Those things, which ye have both learned, and received, and heard, and seen in me, do: and the God of peace shall be with you. — PHILIPPIANS 4:9*

45. *For not the hearers of the law are just before God, but the doers of the law shall be justified. — ROMANS 2:13*

I want to be obedient to God because . . .

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46. *And he said, He that shewed mercy on him. Then said Jesus unto him, Go, and do thou likewise. — LUKE 10:37*

47. *For my name's sake will I defer mine anger, and for my praise will I refrain for thee, that I cut thee not off. — ISAIAH 48:9*

48. *For in my wrath I smote thee, but in my favour have I had mercy on thee. — ISAIAH 60:10*



I am grateful for God's mercy because . . .



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49. *A man that beareth false witness against his neighbour is a maul, and a sword, and a sharp arrow.* — PROVERBS 25:18

50. *A faithful witness will not lie: but a false witness will utter lies.*
— PROVERBS 14:5

51. *But if ye have bitter envying and strife in your hearts, glory not, and lie not against the truth.* — JAMES 3:14

Speaking truth and honesty is so important because. . .

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52. *For God so loved the world, that he gave his only begotten Son, that whosoever believeth in him should not perish, but have everlasting life.*

— JOHN 3:16

53. *Herein is love, not that we loved God, but that he loved us, and sent his Son to be the propitiation for our sins.* — 1 JOHN 4:10

54. *I will heal their backsliding, I will love them freely: for mine anger is turned away from him.* — HOSEA 14:4



God's unconditional love has changed me in many ways. . .



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55. *The voice of rejoicing and salvation is in the tabernacles of the righteous: the right hand of the LORD doeth valiantly.* — PSALM 118:15

56. *These things have I spoken unto you, that my joy might remain in you, and that your joy might be full.* — JOHN 15:11

57. *Yet I will rejoice in the LORD, I will joy in the God of my salvation.*
— HABAKKUK 3:18

The joy of the Lord bubbles over within me when. . .

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