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No you fully trust God's guidance in every area of your life?	
and of the experience	
1 Father God, I trust You to lead me one day at a time—one moment at a time.	
2 Thank You, heavenly Father, for	
always giving me what I need.	
3 God, I thank You for Your creation. I love Your sublime handiwork.	



When he, the Spirit of truth, is come, he will guide you into all truth.

John 16:13

	4 Lord, help me to have a humble	
	heart and love others as You love	
	them.	
	5 Heavenly Father, please show me	
	Your will for my life.	
	6 God, remind me that when trials come, I am more than a conqueror	
	through You.	



con to a to you do today that will give	e jou purpose una sima sou groij.
7 Father, I don't know how You will	
use my life to further Your kingdom,	
but I have faith in Your promises.	
O Land Layanan dan all Liga ma	
8 Lord, I surrender all Use me	
as You see fit.	
O Fathou Cod who are hely were to be	
9 Father God, please help me to love	
others well.	



If I yet pleased men, I should not be the servant of Christ.

GALATIANS 1:10

 10 Guide me to invest my time in
 worthy pursuits, Lord—those that
 will provide lasting satisfaction.
 11 Heavenly Father, please help me
to notice and make time to care for people who might seem "invisible"
people who might seem "invisible" to others.12 Father God, when You nudge me to
people who might seem "invisible" to others.12 Father God, when You nudge me to speak up and pray with others—even
people who might seem "invisible" to others.12 Father God, when You nudge me to









What compels you to remember God's grace and mercy in a world overflowing with chaos and crises?

	•
13 When I forget Your grace, Lord, please restore me.	
14 Remind me of the glorious ways You have saved me and others, Father.	
15 When I begin to take Your power	
for granted, Father God, remind me	•
to look up!	•



Bless the Lord, O my soul, and forget not all his benefits.

PSALM 103:2

 16 Lord, please settle my uneasy
 heart and help me to recall the many times You've pulled me to safety.
-
17 Father, when I fail to notice Your provision, refresh me.
18 Holy Spirit, bring me back to an
awareness of Your glory that I had when I first gave You my heart.









$\hbox{\it No you ever struggle to do important things for the physical health of your body?}$

19 God, You created me in Your	
image. Thank You!	
20 I know that exercise and good	
nutrition are important, and I want to choose Your best for me, Father God.	•
· · · · · · · · · · · · · · · · · · ·	
21 Hagyanly Eathan sive me the	
21 Heavenly Father, give me the desire to put the right things into	



I will praise thee; for I am fearfully and wonderfully made: marvellous are thy works; and that my soul knoweth right well.

PSALM 139:14

22 Lord, please give me the desire to
exercise, especially when I'd rather not.
 23 My body is a gift from You, Father, and I want to take good care of it.
24 God, give me wisdom to know
just what my body needs—including
 food, exercise, and sleep.









Have you ever said something and then wished you could take those words right back?

25 Lord, remind me each day that wise words can bring healing.	
26 Help me to speak Your words	
and not mine, Father.	
27 Father God, please prompt my	
heart with wise words that can be spoken without fear or regret.	
sporch without lear of regret.	



It is the spirit that quickeneth; the flesh profiteth nothing: the words that I speak unto you, they are spirit, and they are life.

Јони 6:63

28 May my words add encourage-
28 May my words add encouragement and joy to the lives of others, Father.
ment and joy to the lives of others,
ment and joy to the lives of others, Father. 29 Give me words that will motivate and build up those You place in my
ment and joy to the lives of others, Father. 29 Give me words that will motivate and build up those You place in my path, Lord.
ment and joy to the lives of others, Father.29 Give me words that will motivate and build up those You place in my path, Lord.30 Father God, let my voice be as
ment and joy to the lives of others, Father. 29 Give me words that will motivate and build up those You place in my path, Lord.
ment and joy to the lives of others, Father. 29 Give me words that will motivate and build up those You place in my path, Lord. 30 Father God, let my voice be as a smooth, peaceful brook speaking









What helps to build your faith?

31 Father, when things are going	
31 Father, when things are going smoothly, help me to realize that I still need to depend wholly on You.	
smoothly, help me to realize that I still need to depend wholly on You.	
smoothly, help me to realize that I still need to depend wholly on You. 32 Help me to ask for Your wisdom in <i>all</i> things, Fathernot just the	
smoothly, help me to realize that I still need to depend wholly on You. 32 Help me to ask for Your wisdom in <i>all</i> things, Fathernot just the hard things.	
smoothly, help me to realize that I still need to depend wholly on You. 32 Help me to ask for Your wisdom in <i>all</i> things, Fathernot just the hard things. 33 Father God, make me notice	
smoothly, help me to realize that I still need to depend wholly on You. 32 Help me to ask for Your wisdom in <i>all</i> things, Fathernot just the hard things.	



Behold, his soul which is lifted up is not upright in him: but the just shall live by his faith.

Наваккик 2:4

	34 Lord, when my head is tempted
	to doubt, nudge me to call out to You
	in complete faith.
	35 Father, in times of uncertainty remind me to focus on who You are,
	what You do, and what matters most.
	36 Please strengthen my faith today,
	almighty God!









Have you ever trusted in yourself instead of the Lord? If so, what did you learn from that experience?

37 Heavenly Father, help me to see	
37 Heavenly Father, help me to see that it's not just in my weaknesses	
that it's not just in my weaknesses that I can be tempted, but also in	
that it's not just in my weaknesses that I can be tempted, but also in my strengths.	
that it's not just in my weaknesses that I can be tempted, but also in my strengths. 38 May I be a light to others, as they	
that it's not just in my weaknesses that I can be tempted, but also in my strengths.	
that it's not just in my weaknesses that I can be tempted, but also in my strengths. 38 May I be a light to others, as they see me place my complete trust in	
that it's not just in my weaknesses that I can be tempted, but also in my strengths. 38 May I be a light to others, as they see me place my complete trust in You all of my days, Lord.	



And the devil said unto him, If thou be the Son of God, command this stone that it be made bread.

LUKE **4**:3

 40 Please forgive me when I feel like
 I can handle something on my own
and don't need to "trouble" You, God.
•
41 Remind me that my strengths are gifts from You, Lord.
42 Thank You for my strengths. Show
me how I can use my strengths to honor You, Father God.
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	•
43 Lord, I need Your peace today. Thank You.	•
44 Father, as I'm pulled in many different directions, help me to pri-	
oritize and give me strength for the	
days ahead.	
45 Father God, show me the things	•
You'd have me do todayand help me to let go of the rest.	
	•



Draw nigh to God, and he will draw nigh to you. Cleanse your hands, ye sinners; and purify your hearts, ye double minded.

JAMES 4:8

46 As I humble myself in Your presence, Father, fill me with Your peace
and help me to know the steps You've
ordered for me.
47 Almighty God, I submit myself
wholly to You and will follow Your lead.
•
48 I rejoice today, Lord, with the knowledge that I am on the right path
because You are leading the way!
 •









How do you know that God is your Protector?

49 Father God, Your promise of pro-	
49 Father God, Your promise of protection gives me an overwhelming sense of security and love.	
tection gives me an overwhelming sense of security and love.	
tection gives me an overwhelming	
tection gives me an overwhelming sense of security and love. 50 I can find true comfort, Lord,	
tection gives me an overwhelming sense of security and love. 50 I can find true comfort, Lord, in Your loving and sheltering arms. 51 Mighty Savior, remind me of Your promise of protection when	
tection gives me an overwhelming sense of security and love. 50 I can find true comfort, Lord, in Your loving and sheltering arms. 51 Mighty Savior, remind me of	



The eternal God is thy refuge, and underneath are the everlasting arms.

DEUTERONOMY 33:27

52 When I feel threatened Father
52 When I feel threatened, Father, may my frightened heart find true
may my frightened heart find true rest in Your loving arms. 53 I trust You, Lord, to keep me on
may my frightened heart find true rest in Your loving arms.
may my frightened heart find true rest in Your loving arms. 53 I trust You, Lord, to keep me on the right path; help me to listen to Your voice all of my days.
may my frightened heart find true rest in Your loving arms. 53 I trust You, Lord, to keep me on the right path; help me to listen to Your voice all of my days. 54 I have peace because You are my shield. Thank You for Your
may my frightened heart find true rest in Your loving arms. 53 I trust You, Lord, to keep me on the right path; help me to listen to Your voice all of my days. 54 I have peace because You are







What difference does it make in your day when you give the first of your morning to God?

55 God, so many times I rush into my	
day without stopping to spend time in conversation with You. Forgive	
me, Father.	
56 Father, this morning I lift up my	
dayand my very soul to You.	
57 Help me to listen closely for Your	
voice each morning. I want to follow	
You, Lord.	